



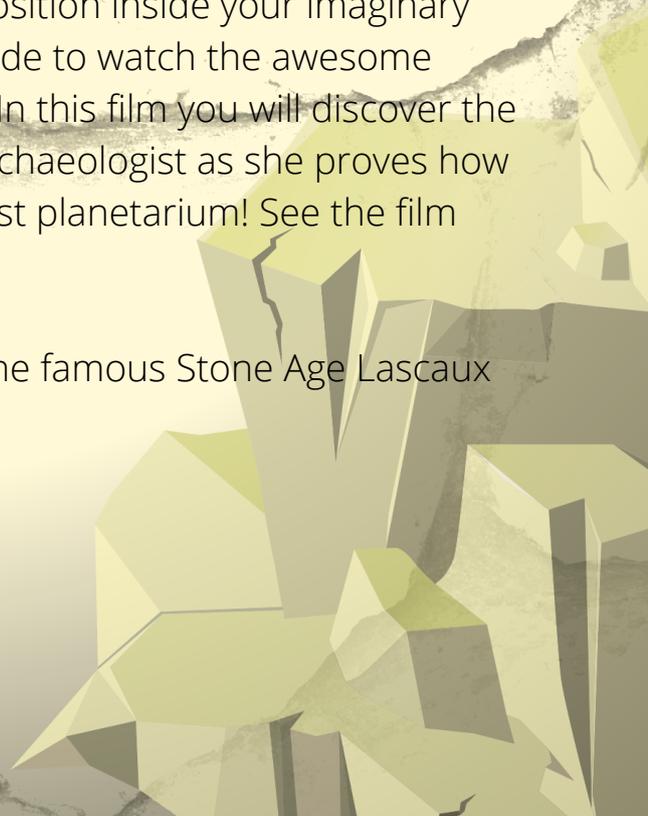
CREATE YOUR OWN STONE AGE SPACE CINEMA!

Before the ancient Greeks, Babylonians and Egyptians invented scientific astronomy, Stone Age people were the first to look at the sky, wonder about and track the stars. Make some tasty Stone Age snacks and watch a cool documentary in your own cave, to discover how the first people on Earth understood space and the stars!

This is how:

- 1.** Make some Stone Age Cinema snacks! See the ingredients and instructions below.
- 2.** Set up a tent in your living room so that it looks like a cave. If you don't have a tent, you can dim the lights so that your house looks like a deep dark cave! Grab some blankets and torches to make spooky Stone Age faces in the torchlight!
- 3.** Set up your computer in a comfortable position inside your imaginary cave. Then gather your family or siblings inside to watch the awesome Prehistoric Astronomers documentary film. In this film you will discover the treasures of Stone Age caves, and join an archaeologist as she proves how the ancient Lascaux Cave was the world's first planetarium! See the film [here](#)

Or you can watch this amazing tour inside the famous Stone Age Lascaux Cave! Find it [here](#):



STONE AGE CINEMA SNACK:

Early Stone Age people were hunter gatherers. This means that they did not grow or farm food but moved around the land and sea to forage for food. Their diet consisted of pretty tasty foods like wild nuts and berries, honey, eggs, fish (like salmon), leafy plants (like dandelions) and the wild animals they could kill (like bison and deer).

Let's take inspiration from this Stone Age menu!

Stone Age Cinema nutty- berry bars:

Get a parent or carer to help you out with this one!

Ingredients:

- 1/3 cup chopped almonds
- 1/3 cup chopped pecans
- 1/2 cup honey
- 3/4 cup Medjool dates, pitted
- 1 teaspoon cinnamon
- 2 1/2 cups regular rolled oats
- 1/2 cup dried cranberries
- 1/2 cup chopped dried apples



Steps:

Step 1

Preheat oven to 165°. Spread nuts on a rimmed baking sheet and bake until light golden, 10 to 12 minutes.

Step 2

Warm the honey in a microwave until it has the consistency of thin syrup. In a food processor, pulse honey, dates, cinnamon, and oats until oats are coarsely chopped.

Step 3

Scrape oat mixture into a medium bowl. Break up any clumps of dates and, if needed, chop any large date chunks. Stir in nuts, cranberries, and apples. Squeeze mixture into a ball. Line baking sheet with foil and oil the foil. Using damp hands, firmly pat mixture onto foil into a compact 6x12-in. rectangle.

Step 4

Freeze until rectangle is firm enough to cut, about 20 minutes. Lift rectangle from foil to a work surface and cut into 16 bars. Wrap bars individually.